



Family Medicine Access Expands Through Direct Primary Care

September 09, 2026

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As families look for ways to manage routine healthcare amid rising insurance costs and complex billing, direct primary care offers an alternative model for accessing everyday medical services. Zenith Family Health offers Direct Primary Care memberships at family health centers in Riverton, Lehi, and Saratoga Springs, allowing patients to establish a direct financial relationship with a primary care practice while maintaining separate coverage for healthcare needs outside the practice.

The Direct Primary Care model uses a recurring membership arrangement rather than billing insurance companies for covered primary care services. This approach removes third-party billing from the membership relationship and gives patients a clearer understanding of how routine primary care is structured. The model does not function as comprehensive health insurance, and patients may still need separate coverage or other arrangements for emergencies, hospitalization, specialty services, and care received outside the practice.

For families considering family medicine through a membership model, the distinction is important. A DPC membership is focused on primary care services provided through the participating practice. Zenith Family Health also works with patients who use traditional health insurance or self-pay arrangements, offering

multiple ways to access care tailored to individual circumstances.

The organization operates three family health centers in Riverton, Lehi, and Saratoga Springs. Its services span different stages of life, including pediatric, adult, senior, and preventive care.

The Riverton center provides a broad range of primary care services for individuals and families, including routine examinations, preventive care, urgent health concerns, and chronic condition management. Evening and weekend appointments are also available at the Riverton location, providing scheduling options for patients whose work, school, or family responsibilities make traditional office hours difficult.

Family medicine is structured around treating patients across different stages of life, rather than limiting care to a single age group or condition. That continuity can be particularly relevant for households managing the healthcare needs of children, adults, and older family members. Zenith Family Health's providers address routine medical concerns and help patients determine when additional evaluation or specialty care may be appropriate.

The practice's DPC option is intended to complement that primary care relationship. Some patients may choose to pair DPC membership with a high-deductible health plan or another healthcare cost-sharing arrangement, but those options involve different terms, responsibilities, and limitations that patients should review carefully.

For patients with traditional insurance, Zenith Family Health accepts many major insurance plans and offers self-pay options. The availability of various payment options allows patients to consider family medicine services in light of their existing healthcare coverage and financial circumstances.

The practice's three locations also provide a regional option for families seeking primary care in communities across Salt Lake and Utah counties. By combining conventional primary care with a membership-based option, Zenith Family Health accommodates patients with different preferences for how they access and pay for routine medical services.

Additional information about family health services, Direct Primary Care memberships, insurance options, and clinic locations is available at <https://www.zfhealth.net/>. Prospective patients can review the practice's services and payment models to determine which approach may fit their healthcare needs.

Zenith Family Health is a Utah-based primary care practice serving families through health centers in Riverton, Lehi, and Saratoga Springs. Established in 1996, Zenith Family Health provides family medicine,

pediatric care, adult care, geriatric care, preventive services, and chronic condition management, as well as Direct Primary Care membership options.

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